



## **SOUTHWEST ALLERGY AND ASTHMA CENTER, P.A.**

**Bruce G. Martin, D.O.**

**President/Owner**

Medical Center Office  
7711 Louis Pasteur Drive  
Suite 901-905  
San Antonio, Texas 78229  
Telephone: (210) 616-0690

Stone Oak Office  
155 Sonterra Blvd.  
Suite 101  
San Antonio, Texas 78258  
Telephone: (210) 494-0690

Westover Hills Office  
3903 Wiseman Blvd.  
Suite 202  
San Antonio, Texas 78251  
Phone: (210) 767-0690

### **Instructions for patients who will be skin tested**

**The following is a sample of medications that should be discontinued prior to skin testing:**

#### **48 hours**

GEREFLUX: PEPCID, TAGAMENT, ZANTAC

#### **3 DAYS**

ACTIFIED  
ALLEREST  
BENADRYL

CHLORPENIRAMINE  
DIMETANE  
DIMETAPP

DRAMAMINE  
NYQUIL  
TYLENOL ALLERGY  
TYLENOL SINUS/PM

#### **7 DAYS**

ASTELIN NASAL SP  
ALAVERT  
BENDECTIN  
BROMPHENIRAMINE  
CARBINOXIMINE  
CLISTIN  
CO-PYRONIL  
CYCLINZINE  
CYPROHEPTADINE (PERIACTIN)  
DECONGESTANT SR  
DEXBROMPHENIRAMINE  
DIMENHYDRINATE  
DRIXORAL

MAEZINE  
MECLIZINE (ANTIVERT)  
METHAPYRILENE  
OPTIMINE  
ORNADE  
PERIACTIN  
PHENERGAN  
PROMETHAZINE  
ROBITUSSIN AF  
RONDEC  
RYNATAN  
SEMPREX D

SINGULAIR 4 MG  
SINGULAIR 5 MG  
SINGULAIR 10 MG  
TAVIST  
TAVIST D  
TEMARIN  
TRIAMINIC  
TRIAMINICIN  
TRIMAPRAZINE  
TRINALIN  
TRIPLENNAMIN  
TRITEN

EYE DROPS: ELESTAT, LIVOSTIN, OPHCON A, OPTIVAR, PATANOL, VISINE ALLERGY, ZADITOR

#### **14 DAYS**

ALLEGRA  
ALLEGRA D  
ALLEGRA 12 HR  
ALLEGRA 24 HR

ALLEGRA 60 MG  
ALLEGRA 180 MG  
ATARAX  
CLARINEX

CLARINEX  
ZYRTEC  
ZYRTEC D

#### **3 WEEKS**

AMITRIPTYLLINE  
DOXEPIN

ELAVIL  
IMIPRAMINE

PAMELOR

You may continue to use nasal steroids: NASONEX, FLONAS, RHINOCORT

Patients on Beta Blockers cannot be skin tested, even eye drop Beta Blockers.

Patients who are currently on asthma medications should continue on their prescribed medications as indicated by their doctor.

CALL OUR OFFICE IF YOU HAVE ANY QUESTIONS REGARDING SKIN TESTING OR IF YOU HAVE QUESTIONS ABOUT THE MEDICATIONS THAT YOU ARE CURRENTLY TAKING.