



# SOUTHWEST ALLERGY AND ASTHMA CENTER, P.A.

ADULT & PEDIATRIC ALLERGY & ASTHMA

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**Instructions for patients who will be skin tested.**

**The following is a sample of medications that should be discontinued prior to skin testing:**

## 48 Hours

GE REFLUX: AXID, PEPCID, TAGAMENT, ZANTAC

## 3 DAYS

ACTIFIED

ALLEREST

BENADRYL

CHLORPENIRAMINE

DIMETANE

DIMETAPP

DIPHENHYDRAMINE

DRAMAMINE

NYQUIL

TYLENOL ALLERGY

TYLENOL SINUS/PM

## 7 DAYS

ASTELIN

ASTEPRO

ALAVERT

BENDECTIN

BROMPHENIRAMINE

CARBINOXIMINE

CLISTIN

CO-PYRONIL

CORICIDIN

CYCLINZINE

CYPROHEPTADINE

DECONGESTANT SR

DEXBROMPHENIRAMINE

DIMENHYDRINATE

DRIXORAL

DURATUSS

HISTUSSIN

MAEZINE

MECLIZINE (ANTIVERT)

METHAPYRILENE

OPTIMINE

ORNADE

PALGIC

PATANASE

PERIACTIN

PHENERGAN

PROMETHAZINE

ROBITUSSIN AF

RONDEC

RYNATAN

SEMPREX-D

SINGULAIR

TANAFED

TAVIST

TAVIST D

TEMARIN

TRIAMINIC

TRIAMINICIN

TRIMAPRAZINE

TRINALIN

TRITEN

TRIPLENNAMIN

TRITEN

TUSSI-12D

TUSSIONEX

EYE DROPS: BEPREVE, ELESTAT, LIVOSTIN, OPHCON A, OPTIVAR, PATADAY, PATANOL, VISINE ALLERGY, ZADITOR

## 14 DAYS

ALLEGRA/ALLEGRA D

ATARAX

CLARITIN/CLARITIN D

CLARINEX/CLARINEX D

FEXOFENADINE

HYDROXYZINE

LORATADINE

XYZAL

ZYRTEC/ZYRTEC D

## 3 WEEKS

AMITRIPTYLLINE

DOXEPIN

ELAVIL

IMIPRAMINE

PAMELOR

You may continue to use nasal steroids: FLONASE, NASACORT, NASONEX, OMNARIS, RHINOCORT, VERAMYST

Patients on Beta Blockers cannot be skin tested, even eye drop Beta Blockers.

Patients who are currently on asthma medications should continue on their prescribed medications as indicated by their doctor.

CALL OUR OFFICE IF YOU HAVE ANY QUESTIONS REGARDING SKIN TESTING OR IF YOU HAVE QUESTIONS ABOUT THE MEDICATIONS THAT YOU ARE CURRENTLY TAKING.